

“True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost.”

- Arthur Ash

EDGECOMB EDDY SCHOOL

edgecomb.aos98.net

AOS 98/Rocky Channels School System

207-882-5515

September 14, 2018



MARK YOUR CALENDARS

September 18: PICTURE DAY!

September 19, 5:30: PTC Meeting

September 20, 5:30-6:30: Open House &
6:30 Chewonki Info Night (Gr. 6 parents)

October 1-4: 6th Grade Chewonki Trip

October 5: No School - Teacher In-Service

October 8: No School - Columbus Day

Principal's Message

What a joy it has been to welcome our returning students back and to make new friends who are just coming to Edgcomb for the first time.

Students have started off the year well by engaging in lessons around how to make everyone feel like a welcome member of our community and how to use focus as a skill to help us learn and demonstrate respect to others. Having worked here alone for most of the summer, it has been wonderful to see so many smiling and motivated faces for these first few weeks.

Keep your eyes peeled for upcoming events. I have sent out “Mark Your Calendar” flyers the last two Fridays and upcoming events can always be found in the upper righthand corner of the front page of the newsletter (see above). We look forward to seeing all of you this week for our Parent Teacher Club meeting and Open House.

Note: Please check out the last page of this newsletter to learn about other important Edgcomb Eddy opportunities.



Classroom Corner

Mrs. Casey's Pre-K:

The preschool classroom has been very busy learning about life cycles the past couple weeks. We had a monarch caterpillar in the classroom and we were able to watch this life cycle first hand. For ten days we watched and waited, until this week we arrived at school to see a beautiful monarch butterfly hanging in the place of the chrysalis. The class brought it outside, said goodbye, and wished it good luck on its long trip to Mexico! Next we will be learning about the life cycle of an apple and going on our first field trip to Biscay Orchard on September 26th. We will be picking apples and experiencing how apple cider is made. I will be sending home a permission slip and if anyone would like to chaperone, please let me know!

In our learning centers, students are learning about big and small, making a pattern, counting to ten, sorting by colors, identifying letters/numbers/shapes and working with scissors. Every morning we do the math calendar as a large group. Each student gets a turn to find the month, day, and date. We also keep track of the number of days in school and the weather! A fun way we have been practicing the Days of the Week and Months are with the "Singing Walrus" The rhythm and movement are very helpful when learning these skills and the class has some great dance moves!!

As we move into Fall and October and we will begin talking about hibernation, bats, a pumpkin life cycle, and other spooky things towards the end of the month! I love fall and can't wait for all the changes in our classroom and in nature! Keep checking Facebook for all the learning and fun going on in our PreK classroom.

The first few weeks have been full of changes for your children, but I can tell we are ALL going to have a wonderful year learning and growing together.

Thanks for all your help so far!!
-Mrs. Casey



From Mrs. Garey's Classroom.

We are happy to be back in school making new friends and learning new routines. Each day we start with 16 students in our classroom, a combination of 11 kindergarteners and 5 first graders. After Morning Meeting the first graders join Mrs. Currier's first graders for Literacy. After

literacy we have snack and recess. We come together briefly and then it is off to math with Mrs. Gosselin for the first graders. Our class comes back together for the afternoon for science, social studies, and specials. In science we are studying the life cycle of insects. The students have worked on butterfly headbands (which they greatly enjoyed wearing) and life cycle models using different forms of pasta. We

are learning a big science word "METAMORPHOSIS". We are collecting science words in our word jar. Next week we are making lightning bugs.

Our focus for social studies this year is US History. We welcome guests if you wish to share any expertise in this subject area.



From Mrs. Gosselin's Classroom

Mrs. Gosselin's math group has been busy settling into our Everyday Math routines. Our focus has been number identification, number order, counting on, counting back, estimating and shape identification. We have learned how to play Monster Squeeze, Top It and Bunny Hop!



Mrs. Currier's Class

Mrs. Currier's class of grade 2 and part of grade 1 are off to a great start. We are getting routines down for the classroom and the school. In science we have explored forces and motion by rolling one item into another and observing the transfer of motion. We have also been studying the life cycle of and observing the monarch butterfly in the classroom. We have released one butterfly and have two chrysalises in our cage. Our social studies unit this year is U.S. History. We have started this year with the story *M is for Mayflower* and *So You Want to be President*, with students doing a drawing of a piece they heard in the story. We are looking forward to seeing parents for open house Sept. 20 from 5:30 -



STEPS to Success!

Children in the Step Class have kicked off the year naming and practicing 2 important skills for learning: focusing attention and listening. It has become very clear that focusing attention and listening (not just hearing) help us all be the best learners that we can be. Focusing attention means turning your eyes and body to the person or location where teaching is happening. It also means not using your voice unless invited to do so. Listening means so much more than just hearing what is going on. It means being able to repeat back the important parts and having thoughts about why it matters. We have practiced these skills by playing 2 BRAIN BUILDERS; "Who's Talking?" and "Triple T," (that stands for Think, Turn, Talk). Take the time to ask your child about these Brain Builder games and then ask, How does focusing attention and listening show respect?

Fondly,
Mrs. Slack

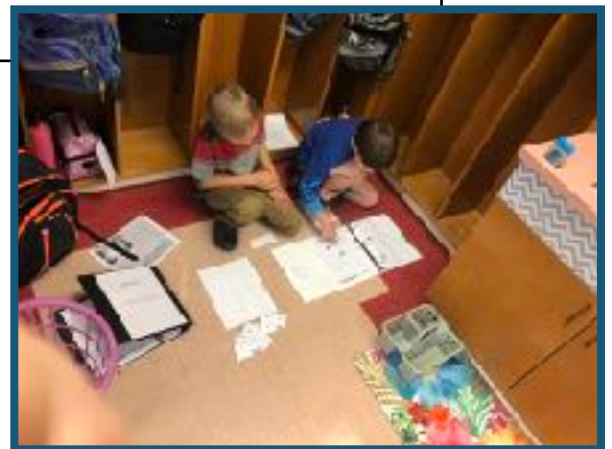




Ms. Crocker's Class

We are having an awesome start to the school year in 3rd and 4th grade! We started off by getting to know our classroom routines and excitedly seeing our old/new classmates after a long summer.

The students worked very hard on some beginning of the year STEM and group projects to promote team building. During this time, students built paper chairs using limited materials, solved a mystery about a missing muffin, and talked about our new "Second Step" program that the whole school is using! Now that we are comfortable and settled, we are revisiting how to use number grids by playing various games, learning about subjects and predicates in a sentence, studying the Northeast section of the United States, and making mini water cycle projects to learn more about evaporation, condensation, and precipitation!



News from the Rose Garden

by Ms. Rose

The first few weeks have been busy in this corner of the school. We have been establishing routines, waking up our brains after the long vacation, and getting reacquainted. It has been great to meet some new students and see how returning students have grown since we last worked together.

As you know, the teaching assignments have shifted yet again this year. I've regretfully said goodbye to Math, for the most part but am thrilled with the return to grades 4/5 and 6 Social Studies as well as 4/5 and 6 Language Arts. I am back to teaching full time and have to get used to waking up early in the morning again. That's a tough one, even though I'm loving the reason.

Our school-wide Social Studies theme this year is "U.S. History." Both grade 4/5 and grade 6 have already dipped their toes into the subject by learning a bit about Senator John McCain's life, as well as why we celebrate Labor Day. Our first major unit of study will have us exploring the U.S. Government. There's a lot to cover.

In Literacy we continue to use the *Journeys* program. More on that later. We have just begun listening to Greetings from Witness Protection, a book on this year's "Maine Student Book Award 2018-2019 Reading List." Any Maine student in grades 4-8 who reads (or listens to) at least three books from the list by March 31, 2019, may vote for the book they think is best. No adults get to vote! There are some amazing books on the list every year. Students in these grades have all received a copy of this year's list. If you haven't seen it yet, I can help you out.

Grade 6 has also been learning about limericks, and working to create some, based on their summer experiences. Here are a few that have reached the publishing stage:

I went to Popham Beach.
My sunscreen smelled like bleach.
Though it was rude,
A gull stole my food.
Then the gull flew away with a screech.
by Anna Gosselin

We went for a swim in the lake.
Then my dog decided to shake.
It started to rain.
We waited in vain.
Then we watched the sun set o'er the lake.
by Lydia Currier

"Twas a beautiful day
When I went to Hannah's birthday.
We had so much fun!
But when it was done
Rain sprinkled and drove us away.
by Abbie Clark

Mrs. Browne's Class

4th, 5th and 6th graders have been enjoying a great start to the school year. We have been reviewing previous concepts and jumping into some new material in math class. In science class, all three grades have had exciting STEM challenges. 4th and 5th graders built a tower out of simple materials that needed to be tall AND support the weight of a bean filled bear! Each team did a great job trying different techniques and building the tall, strong structures.

In 6th grade, students built "Apple Annihilators". Using limited everyday school items and an apple, individual students built apple wrecking balls to knock down as many marker "bowling pins" as possible! There were some very inventive and successful designs out there!

Lastly, all the students have really been enjoying our two monarch caterpillars this week. We have observed them eating up a storm, having a little altercation and both changing into their chrysalis. We look forward to releasing them as butterflies. Look for a time lapse video of our caterpillars coming soon on the Edgcomb Eddy School Facebook page!



CALLING ALL PERFORMERS!!

The Edgecomb Eddy Performance Festivals are about to begin!!

Here is the plan:

1. Find the sign-up date for your grade in the calendar below.
 2. Prepare your act (solo, with a group, your entire class) and be sure to sign up on time (No late submissions will be accepted!) If you know you want to perform but need further guidance, talk to your classroom teacher for ideas *in advance*...
 3. Use the week between signing up and the audition to PRACTICE!!
 4. The audition will be an opportunity to show Mrs. MacCready and Ms. McIvor what you have prepared and to organize logistics such as microphones and equipment.
 5. Use the week between auditioning and the festival to PRACTICE!!
 6. Invite your friends and family to see you shine on the Performance Festival Day!
- Performances begin at 2:05...

Here is the calendar:

9/6 - 6th Grade Sign-up 9/13 - 6th Grade Audition 9/20- 6th Grade Performance Festival	1/24 - 2nd Grade Sign-up 1/31 - 2nd Grade Audition 2/7 - 2nd Grade Performance Festival
9/27 -5th Grade Sign-up 10/4 - 5th Grade Audition 10/11 - 5th Grade Performance Festival	2/14 - 1st Grade Sign-up 2/28 - 1st Grade Audition 3/7 - 1st Grade Performance Festival
10/18 - 4th Grade Sign-up 10/25 - 4th Grade Audition 11/1 - 4th Grade Performance Festival	3/14 - Kindergarten Sign-up 3/21 - Kindergarten Audition 3/28 - Kindergarten Performance Festival
1/3 - 3rd Grade Sign-up 1/10 - 3rd Grade Audition 1/17 - 3rd Grade Performance Festival	TBA - Pre-K/Staff Performance Festival!

- Start planning now so you don't miss the deadlines...
- Any questions? Ask your classroom teacher.

We are so excited to see what you will create!!

September 2018

Edgecomb Eddy School

Lunch

Lunch Prices Student Price: \$2.85 Reduced Lunch: \$0.40 Adults: \$6.00 Milk: \$0.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> HOLIDAY 	4 <ul style="list-style-type: none"> Chicken Grill Bites Potato Puffs Sunshine Egg Salad Sandwich Sunbutter & Jelly Sandwich Homemade Wheat Rolls Carrot Sticks Fresh Fruit & Veggie Bar Milk 	5 <ul style="list-style-type: none"> BBQ Ribs Whole Wheat Tuna Roll Sunbutter & Jelly Sandwich Green Beans Baked Beans Fresh Fruit & Veggie Bar Milk 	6 <ul style="list-style-type: none"> Nachos W/ Ground Beef Whole Grain Grilled Cheese Sunbutter & Jelly Sandwich Corn Fresh Fruit & Veggie Bar Milk 	7 <ul style="list-style-type: none"> Pazzo Bread w/ Dipping Sauce Sunbutter & Jelly Sandwich Fresh Fruit & Veggie Bar Milk
10 <ul style="list-style-type: none"> Chicken Patty on a Whole Wheat Bun Sunshine Egg Salad Sandwich Sunbutter & Jelly Sandwich Steamed Broccoli Fresh Fruit & Veggie Bar Milk 	11 <ul style="list-style-type: none"> Lasagna Roll Up Whole Wheat Tuna Roll Sunbutter & Jelly Sandwich Homemade Wheat Rolls Green Beans Fresh Fruit & Veggie Bar Milk 	12 <ul style="list-style-type: none"> Meatball Subs Whole Grain Grilled Cheese Sunbutter & Jelly Sandwich Fresh Fruit & Veggie Bar Milk 	13 <ul style="list-style-type: none"> Shepherd's Pie Chicken Salad Sandwich Sunbutter & Jelly Sandwich Carrot Sticks Homemade Wheat Rolls Fresh Fruit & Veggie Bar Milk 	14 <ul style="list-style-type: none"> Assorted Pizza Sunbutter & Jelly Sandwich Fresh Fruit & Veggie Bar Milk
17 <ul style="list-style-type: none"> Egg McBoothbay Sunshine Egg Salad Sandwich Sunbutter & Jelly Sandwich Potato Puffs Fresh Fruit & Veggie Bar Milk 	18 <ul style="list-style-type: none"> Macaroni & Cheese Chicken Salad Sandwich Sunbutter & Jelly Sandwich Homemade Wheat Rolls Green Beans Fresh Fruit & Veggie Bar Milk 	19 <ul style="list-style-type: none"> Teriyaki Chicken Sandwich Whole Grain Grilled Cheese Sunbutter & Jelly Sandwich Carrot Fries Fresh Fruit & Veggie Bar Milk 	20 <ul style="list-style-type: none"> Soft Shell Beef Taco Ham & Cheese Melt on a Whole Wheat Bun Sunbutter & Jelly Sandwich Corn Fresh Fruit & Veggie Bar Milk 	21 <ul style="list-style-type: none"> Pazzo Bread w/ Dipping Sauce Sunbutter & Jelly Sandwich Fresh Fruit & Veggie Bar Milk
24 <ul style="list-style-type: none"> Hamburger or Cheeseburger on a Whole Wheat Bun Whole Grain Grilled Cheese Sunbutter & Jelly Sandwich Baked Beans Green Beans Fresh Fruit & Veggie Bar Milk 	25 <ul style="list-style-type: none"> Spaghetti and Meat Sauce BLT on Whole Wheat Bun Sunbutter & Jelly Sandwich Homemade Wheat Rolls Steamed Broccoli Fresh Fruit & Veggie Bar Milk 	26 <ul style="list-style-type: none"> Pancakes Ham Slice Chicken Salad Sandwich Sunbutter & Jelly Sandwich Carrot Sticks Fresh Fruit & Veggie Bar Milk 	27 <ul style="list-style-type: none"> Chicken Casserole Whole Wheat Tuna Roll Sunbutter & Jelly Sandwich Homemade Wheat Rolls Peas & Carrots Fresh Fruit & Veggie Bar Milk 	28 <ul style="list-style-type: none"> Assorted Pizza Sunbutter & Jelly Sandwich Fresh Fruit & Veggie Bar Milk

More Details: eos93schools.nutrislice.com/menu/edgecomb-eddy-school/2018
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Helping Children Learn®

ELEMENTARY SCHOOL

Tips Families Can Use to Help Children Do Better in School



October 2018

Edgecomb Eddy School
Respect, Responsibility and Reflection

Add some variety to keep your daily reading time engaging

Reading opens the door to all kinds of learning. That's why educators say that helping your child develop his skills and interest in reading is one of the most important things you can do to help him achieve in school.

Making time to read together every day shows your child that reading is a priority in your family. But you don't always have to do it the same way!



To encourage your child to be an active reader:

- **Read in interesting places.** Outside in a hammock. Inside in a cozy corner filled with pillows. Or under a blanket draped over some chairs. Keep some books in the bathroom to read while your child is in the tub.
- **Plan reading excursions.** Visit the library often and let your child choose books to check out. Stop for a snack on the way home and read together as you munch.
- **Start a family book club.** It doesn't have to be formal. Just set aside time once a week—dinner time is perfect—to talk about something you have all read. Or let everyone bring a book to tell the others about.
- **Play with plays.** Get a short, easy-to-read script and give each family member a role. Encourage everyone to be dramatic and ham it up.



Take the anxiety out of test-taking

Anxiety about tests is common among students, and it can prevent them from doing their best. To help your child go into tests relaxed and confident:

- **Talk about what tests do—** and what they don't. Tests show the teacher what your child has learned so far, and what she needs help with. They don't judge her value as a student or a person.
- **Space study sessions out** for several days before the test. Cramming the night before is not as effective.
- **Connect new material** to things your child already knows.
- **Help her focus** her study efforts on material she hasn't mastered yet, rather than repeatedly reviewing material she already knows.
- **Tell her to give** herself a pep talk if she feels overwhelmed during a test. She can say, "I know this. I can remember the answer."
- **Teach her to take** deep breaths to relax and improve her focus.

Source: S.D. Sparks, "Teaching Students to De-Stress Over Testing," Education Week, niswc.com/relaxed.

Brainstorm to help your child improve writing

Writers know that descriptive details add interest and depth to their stories. But many kids struggle to come up with these details when they write.



Brainstorming with your child can help him flesh out his ideas. Ask him to think about the five senses. What do things in his story look/feel/smell/sound/taste like?

Source: "Five Senses Graphic Organizer," The Ontario Institute for Studies in Education, niswc.com/details.

Make time for a conference

Teachers have many pupils. But at a parent-teacher conference, the focus is on just one child—yours. It is an ideal time for you and the teacher to plan ways to help your child succeed. To make the most of it:

- **Bring a list of questions** about your child's work habits, attitude, friends, behavior, strengths and weaknesses.
- **Listen carefully** and take notes.
- **Share information** about your child: her favorite school activities and subjects, her struggles and any sensitive issues.
- **Agree on a plan** to address concerns and schedule a time to follow up.

Teach respectful behavior

Saying *please* and *thank you* shows respect and makes life with others pleasant. In school, your child should also:



- **Arrive prepared—** ready to learn and participate in class.
- **Raise his hand.** Waiting to be called on instead of blurting out answers or comments shows respect for classmates and the teacher.
- **Accept constructive feedback.** In order to help students learn, teachers must point out mistakes.



How can I help my child slow down and work carefully?

Q: My third grader is very competitive. She loves to win at sports, and her teacher says she always wants to be the first one finished in the classroom, too. She doesn't take time to write neatly or check her work, and it's hurting her grades. What can I do?

A: It sounds as if your daughter has a habit of turning everything into a race—and she wants to be first across the finish line. But when it comes to schoolwork, accuracy matters more than speed.

To help your child learn to take more care:

- **Talk to her teacher.** Let the teacher know you would like to work together on a plan to help your daughter focus on quality work, not speedy work.
- **Talk to your child.** Since she likes sports, you might compare schoolwork to shooting free throws in basketball. It's not her speed that matters—it's whether the ball goes in the basket.
- **Review homework** each evening. Let your child know you are going to double-check it for neatness and accuracy. If it's not up to a reasonable standard, you'll ask her to redo it, since she is responsible for the quality of her work. She'll soon figure out that by slowing down, she can get the work right the first time—and that actually takes less time in the long run.



Are you promoting persistence?

Things in school—and in life—won't always go your child's way. How he copes in those times will affect his future success. Are you teaching your child how to overcome frustration? Answer *yes* or *no* to the questions below:

1. **Do you understand** that it isn't a parent's job to rescue children from all difficulties?
2. **Do you encourage** your child to keep trying when he gets stuck on a homework problem?
3. **Do you help** your child see how his efforts affect his results?
4. **Do you point out** stories of successful people who have overcome challenges?
5. **Do you name** your child's feelings? "You're frustrated

that learning this is taking longer than you expected. You'll get there."

How well are you doing?

More yes answers mean you are helping your child learn to survive and thrive in tough times. For each no, try that idea.

"Great works are performed not by strength but by perseverance."
—Samuel Johnson

Use money to teach the value of responsibility

A healthy sense of responsibility helps kids make better decisions, in school and in life. To help your child learn how acting responsibly can pay off, teach her how to manage money. Here are two ways to begin:

1. Consider giving her an allowance.

Discuss her options. If your child spends her money now, she can get something small. If she saves it up, she can get something better later.

2. Talk about your budget.

Say things like, "We have to pay the dentist this week, so getting pizza will have to wait."

Progress checks keep goals in sight

Helping your child set goals is a great first step toward achievement. But don't stop there! Check on his progress regularly. If problems arise, talk with him about possible solutions. For example, if he wants to finish a book by a certain date but has fallen behind, he could read for 10 extra minutes each afternoon. Praise your child for his progress so far, and for continuing to work toward his goal.



Get ready for restful sleep

When your child sleeps well at night, she is better able to pay attention in school and remember material with greater accuracy. To help her get the restful sleep she needs:

- **Get active outdoors.** Exercise and fresh air help kids sleep better.
- **Turn off screen devices** at least one hour before bedtime.
- **Make your child feel safe.** Put a night light in her room, if necessary. Tell her you will check on her periodically.

Source: S. Gardner, "Why Healthy Sleep Is Vital For School Success," Studiosity, nswc.com/sleepmore.

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CLOSING THOUGHTS...

Homeroom groups are competing to bring in the most Box Tops. Volunteers will count the number of Box Tops (see image on school building icon below) students bring in each month. The homeroom with the greatest number will win a popcorn party provided by the PTC and an amazing trophy (thanks to Chris Armstead for creating the trophy) that they will get to display in their classroom for “bragging rights”. This is a great and simple way for our school to make extra money that will be used to benefit our school programming or facility. Tell your extended family and friends to collect these and pass them along through your child so they can add them to their class total. Time to get clipping and collecting!



AOS 98 App

If you have a smart phone (an iPhone or an android), you should go to the App Store on your device and load our AOS 98 App. It's free, and it allows you to easily access Edgecomb Eddy's website. By loading our app, you'll be able to see Edgecomb Eddy news, search for documents, read live feeds, and receive push notifications. The push notifications would be used to alert families around important events or happenings, such as delays or cancellations, transportation changes, or reminders for events happening on that day. Loading this app is a great step to staying as easily informed about Edgecomb Eddy as possible. Please take a moment to load this app today.