

“Without continual growth and progress, such words as improvement, achievement, and success have no meaning. - Benjamin Franklin

EDGECOMB EDDY SCHOOL

edgecomb.aos98.net

AOS 98/Rocky Channels School System

207-882-5515

October 10, 2019



MARK YOUR CALENDARS

10/11 - No School - Teacher In-Service Day
10/14 - No School - Columbus Day
10/17 @ 2:05 - 5th Grade Perf. Festival
10/25 @ 5:30 - 7:30 - Trunk-or-Treat
11/4 @ 6 - School Board Meeting
11/11 - No School - Veteran's Day
11/13 - Picture Retake Day
11/27 - No School - Teacher In-Service Day
11/28-29 - No School - Thanksgiving Holiday
12/6 @ 5:30 - Charlie Brown Christmas Tree
12/19 @ 6-7: Winter Concert

Self-Improvement

At Edgcomb Eddy, our students and staff are constantly goal-setting in order to become better versions of ourselves. (As a community, we care so much about self-improvement that even the tree stumps get makeovers 😊 - see picture on the right.) Self-improvement requires evaluating and acknowledging where we currently stand, establishing a vision of where we'd like to land, working hard in incremental steps toward our goal, monitoring our progress, and celebrating our success by communicating with stakeholders. Why do we care so much about self-improvement? Marie Curie said it best: "You cannot hope to build a better world without improving the individuals. To that end, each of us must work for his own improvement, and, at the same time, share a general responsibility of all humanity, our particular duty being to aid those to whom we think we can be most useful." I am honored to be a part of building a better world through working with your children and the professionals who instruct them. If you have any questions about your child's progress along the way, please feel free to reach out with questions to their teachers. - Mr. Michaud





Our 6th graders would like to thank the community for sending them to Chewonki. They had an amazing time! Thank you to Michael Gaffney and Elizabeth Deliso, pictured bottom right, for chaperoning.

Miss Monroe's Pre-K

For the first month we have been enjoying getting to know each other, building our classroom community, classroom routines, and safety rules. We have been strengthening our fine and gross motor skills, learning fun and engaging movement songs, having an introduction to some letters, numbers, and shapes, working with math manipulatives, reading many books, and doing fun art projects. Last week we enjoyed our first field trip to Biscay Orchards where we were able to pick apples to bring home and watch how cider is made (with a taste sample). Thank you to all of our chaperones who could come and help us have a great time! We also had two of our three chrysalises hatch into butterflies! Our last one should be hatching any day now. We are excited to start learning more about fall leaves and pumpkins, as well as start talking about fire safety. Look for your child's progress report coming home this Thursday!



Mrs. Gosselin's 1st Grade

The month of September was filled with lots of learning in grade 1! We were lucky to see a chrysalis spun before our eyes, as well as the monarch butterfly emerge from the chrysalis 13 days later. After learning that the male butterfly has blackish spots on its wings, we determined that ours was a female. We sadly let her go when her wings had dried. She took a few minutes to fly away, but soon found a few monarch friends waiting for her in the field where we found the caterpillar on the milkweed!

We had a great turnout for open house! A few of the activities consisted of a stem challenge called stack the Macs, as well as an apple tasting graph. According to the data collected, most people preferred the Pink Lady apples and Amanda Main and John Cooper tied at 6 apples each for the apple tower stacking activity! We continue to learn about apples and enjoyed our trip to Biscay Orchard. The apples and apple cider tasted delicious!

PROCESS ART

Robin MacCready

I was blowing colored bubbles with some six year olds and printing them on paper when I noticed a few adults peeking in the window. Thinking they wanted to join us, I went to the door. They wanted to stay, but they couldn't, they had to work. Although they thought it looked like fun! This got me thinking about the importance of Process Art and why it's so important, especially in the early grades.

1. Process Art is art that focuses on the process (the doing) rather than the product (the art work) even though it can result in some beautiful art.
2. Process Art is all about the experience: What does the clay feel like? I feel so happy blowing these bubbles! Look at the blue react to the yellow! What happens when I put this dab of black here? I love making these swirls! I love the smell of paint!
3. Process Art is for kids. It's where we want them to begin their art experience—before they feel that they can't draw or don't have talent.
4. Process Art is for adults. It's for those who feel they don't have talent, or have been told they aren't artistic. Process art can be very helpful for turning off stress. No product = no stress!

A focus on process over product can engage all ages, regardless of experience or perceived talent.

Limitations and labels can disappear when exploring process art, as everyone explores in their own way.

These are some easy process art projects: finger painting, scribbling, collage, clay, bubble art, marble art, coffee filter art, marbleizing shaving cream.



Mrs. Browne's 4-6 Math & Science

We are off to a great start in 4th, 5th and 6th grade math and science classes. All students are settling in and learning new skills. All grades are working on becoming multiplication masters and division denominators by showing they know all their basic facts by heart!

In 4th grade science, we began the year with some fun challenges to learn about teamwork and the scientific method. Now we are learning about rock types and fossils. In 5th and 6th grade science, we have also practiced teamwork and perseverance through STEM challenges. We have also begun learning about systems and our solar system. Most recently, we are learning about the moon and its phases.



Dear Families,

I'm enjoying my special time with your children each Monday for guidance class where we interact with my favorite subject in school and beyond: social-emotional learning.

This past week, the younger grades explored the concept of 'The Color Monster,' who realizes with the help of a friend that sometimes his colors get all mixed up. When his color-represented feelings get sorted out and named, they're much easier to understand and accept with clarity. Before we crafted our own clay rendition color monsters, I asked the group if it was 'okay' to feel angry or sad like the color monster had. Most kids gave a resounding NO! I asked if grown-ups at school or grown-ups at home ever feel this way. Again, they answered with a big NO! I looked at them astonished and said "Wait, wait. Let me get this straight. Do you think that I, Mrs. Bezon, NEVER GET MAD?" They actually laughed, some of them belly-laughed, like it was silly for them to consider that their school counselor could have anything but glitter rainbows and prancing unicorns consuming her thought-bubbles. Like maybe these 'uncomfortable' feelings are just a 'kid thing' that they'll eventually grow out of, so answering NO to my questions seemed like the right answer.

When Mr. Michaud, Mrs. Blackman and I recently attended a suicide prevention training through NAMI (National Alliance on Mental Illness), we were prompted to consider how our programming at Edgecomb Eddy supports the mental and emotional well-being of our students. If you were to pop in at anytime during the school day, you would see our staff team responding with words and actions that foster emotional intelligence in our students. This can be summed up as: we acknowledge their perspective and empathize, we encourage expression of feelings, we teach problem-solving, and sometimes, we play it out. We attend to the possibility of mental health challenges through prevention and intervention practices that support the whole-child. We have their big picture, not just their academic profile, on our radars each and every day that they're learning with us. You can be sure that if we have concerns or we need help brainstorming ways to lift your kiddo up, you'll hear from us.

I digress. What does this have to do with the Color Monster? It's relevant because the immediate response of most students in my classes was to reject the idea that adults in their life experience negative emotions. They don't see us, (for the most part 😊) having huge upset reactions to sadness or anger. Because emotions are stored in the body, tantrums are nature's way to help young children vent. If we don't tantrum, then we must not ever feel the way they do, so it might seem in their little minds.

So, we've got important work to do. You and I, and all of the willing adults out there. Our kids need to hear us talking about our feelings. They need to know that we're all okay, normal, and healthy to feel all the feelings that come our way in a day. Sometimes, those feelings swamp us in molasses. Other times, they go right through us like a quick passerby. Just like the Color Monster, when we sort and identify them, we gain ownership and an ability to mindfully respond. Our kids will benefit enormously when we model: that feeling frustration can be safe and in control, that feeling disappointment can be calm and non-blaming, and that feeling down can be 'okay' and temporary. So there you have it.. homework for grown-ups from your feelings-guru-school-counselor.

Check in with your child about our learning to make connections and transfer skills:

Pre-K - 2nd Grade: Respectful Listening, Focusing Attention, Color Monster & Personal Space Bubble

3rd - 6th Grade: Growth Mindset, Empathy, Following Directions

Looking forward to seeing you all decked out at Trunk-or-Treat!

Kindly,
Haley Bezon



Hello From the Kindergarten Corner!

We have been very busy in September and October! Our science center theme has been learning all about apples. We explored the parts, characteristics, and the life cycle of an apple. Students also did apple investigations, just like real scientists. We used our five senses to investigate three different kinds of apples. Students measured, weighed, and labeled the parts of an apple too. Thank you to everyone who joined us on our apple picking field trip, which concluded our apple theme. In math we have been adding one more, discussing parts of a triangle, and working on finding the missing number in a group of three numbers. In handwriting we have finished reviewing all the capital letters and will move on to lowercase and finish up writing numbers 7-10. In literacy we have been focusing on rhyming, beginning sounds, genres of books (informational texts and fantasy) and understanding characters in a story. The new word we added to our word ring was “like”. Please leave word rings in students home/school folder, but feel free to use them to practice at home. We will be adding a new word each week! In social studies we are learning about Community Helpers. The fire truck will visit and I am trying to set up a visit from the K-9 unit of Lincoln county.

Our next science center theme will be Leaves and Trees. I’ll be sending home notes explaining what your child is learning in the science center, I will be doing the same with Literacy and Math. These notes will keep you informed about what students are learning in these areas each week. We will also be going on a story walk at the BRLT at Oak Point in Boothbay Harbor. I have not set the date for this, but will email you all when I have finalized a plan.

Also, thank you to my kindergarten class for the birthday fruit platter that was delivered! It was so very thoughtful. I look forward to each day I spend with your children and we have had a great year so far! Happy October!

Thank You
Mrs. Casey





PIC•COLLAGE

News from Ms. Rose's Room - October

September was a busy month. We spent time getting reacquainted, and welcoming new classmates. Students learned the new school year's expectations and routines and flexed our academic "muscles" to show what we remember from last year. We've put the first round of NWEAs behind us. Grade 6 is back from their Chewonki experience, and we're all ready to move full steam ahead.

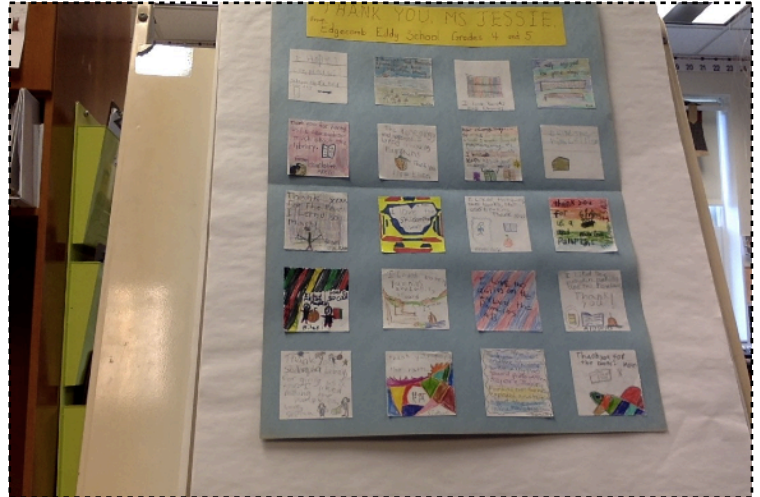
On Thursday, September 26th, Grades 3 - 6 took their first social studies-related field trip of the year. We traveled to Boothbay, then 527 years into the past to take a guided tour of Christopher Columbus's flagship, Nao Santa Maria. Look for samples of some creative projects showing what students learned in next month's newsletter.

The following Wednesday, October 2nd, Grades 4 and 5 had a second field trip. This one tied literacy and social studies together. We learned that libraries have much more than just books to offer people of all ages, and it's **all free** for students attending our school! If you haven't been to a library lately, give yourself a treat and check one out. The "thank you quilt" pictured below acknowledges some of the features of our Skidompha trip that most impressed students.

Nao Santa Maria



Skidompha Thank You



Come for a Parent Chat!

Join Mrs. Slack and Ms. Cameron for a monthly parent chat session right before each PTC Meeting. We will present 1 (maybe 2) one-minute technique(s) for successful parenting each month, and explore how the technique(s) support Zones of Regulation. It will be a brief, ½-hour, session. Whatever time is left will be dedicated to questions and answers. ALL are welcome!

Ten One-Minute Transformations - From the program Total Transformation by James Leeman

When: 11/5, 12/3, 1/7, 2/4, 3/3, 4/7, 5/5, 6/2

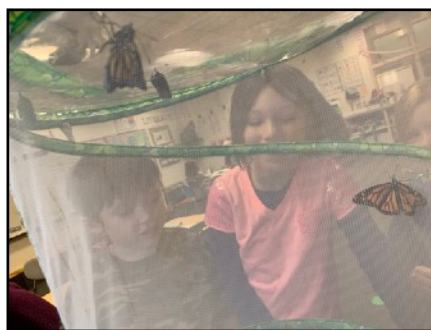
(First Tuesday of every month)

Time: 5:30

Location: EES Library

Open to everyone and childcare will be provided in Mrs. Thibault's room.

Ms.Crocker's 2nd Grade



Miss Crocker's Second Graders have had a great start to the school year! We have been learning about long vowel sounds, counting money, classroom rules, and the meaning of STEM. We had a great time apple picking at Biscay Orchards on our first field trip! Some of our favorite things to do are free time Friday, morning meeting greetings, and brain breaks! We recently released some of our monarch butterflies, lovingly named Crawly, Speedy, and Speedy Junior. We are ready for an exciting year!



From Garey's Garden

Our Boothbay Harbor Rotary Club has been awarded a district grant called "Eat Well, Play Well". This grant is a joint project between Edgecomb Eddy School and Boothbay Harbor YMCA. The \$10,000 grant from our Rotary District 7780 will be matched by \$5,000 from our local Rotary Club. These funds will support the school garden, blueberry patch and playground equipment at Edgecomb Eddy School. The garden has been tilled and we will have a work party on October 16 from 2-4:30 to prep the blueberry bush patch. We will have some social time afterwards at 5:00 pm at the Whale's Tale which will also be our Rotary Club's Fellowship evening. Please join us! For more information or to volunteer please contact Ingrid Merrill at imerrill@aos98schools.org



Once again, Coastal Maine Botanical Gardens is gearing up for its annual, autumnal free event, The Great Pumpkin Hunt. This year, pumpkins in all colors and textures, will be placed amongst our special scarecrow exhibit. Be sure to make time to peruse Scarecrows at the Gardens, a collection of festive, kooky, spooky, and creatively handcrafted scarecrows, all created by Gardens staff, local artists, businesses, students, organizations and individuals. Come early and cast your vote for your favorite.

During The Great Pumpkin Hunt, intrepid explorers can search for golden pumpkins hidden throughout the central gardens—those who unearth the prize gourds will be rewarded with family memberships, guest passes, Gardens Aglow tickets, or gift cards to the Gardenshop. The search begins at 1 p.m., sharp—so be sure to arrive early for the chance to find a golden pumpkin. Games, activities, music, and the announcement of the winner of Scarecrows at the Gardens follow.

The Great Pumpkin Hunt takes place from 1-3:30 p.m. on October 26 (rain date, October 27). Although admission to the Gardens is free during this event, donations to the Boothbay Region Food Pantry at the door will be gratefully accepted.





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Ira Michaud, Principal

imichaud@aos98schools.org

October 1, 2019

Dear Parents:

Edgecomb Eddy School, with help from LincolnHealth staff, will be offering influenza vaccinations on **Wednesday, October 16, 2019**. Please read the Vaccination Information Sheet that is attached to this letter. If you would like your child to receive the influenza vaccination at school, please complete the Health Screen and Permission Form on the back of this letter and return it to the school by Tuesday, October 15th.

- It is really important for the form to be filled out completely, including insurance information.

For information about flu and the vaccine, please go to www.maine flu.gov, www.flu.gov, or <http://www.cdc.gov/flu>. For questions about the flu vaccine, please call Maine Center for Disease Control & Prevention (Maine CDC) at 1-800-867-4775, Monday—Friday 9am—5pm.

For questions about the vaccine clinic at our school, please talk to Candie Crocker, school nurse (email ccrocker@aos98schools.org or call 882-5515).

Warmly,

Candie Crocker, RN, BSN



TRUNK OR TREAT

October 25th

Free. Family. Fall. Fun.

Brought to you by EES PTC



Edgecomb EDDY School

Put on your costumes and join us for an evening of family fun!

5:30pm-7:30pm

Book Fair ~ Village Idiot Taco Truck ~ Fire Department Concessions & Fire truck ~ PTC Cider & beverage sales ~ Face Painting ~ Games and much more!

For more information or to reserve a spot for your trunk contact:

ees.ptc@gmail.com or text 207 446 9436